



c♥mpassionate



c o m m u n i t i e s

St Mary's Hospice Community Hub

Thinking about our Foundations

- Our team has grown and continues to grow!
- We have a new Centre name /logo...picked by our wonderful community
- Our community hub is becoming more accessible!!



Compassionate Community Education



Our aim is to:

- Build meaningful relationships with our communities, understanding and working to break down the barriers to accessing Hospice services.
- Open up conversations about death, dying, and loss- for example, through events and death cafés
- Work in collaboration with the whole community – connecting with other groups, organisations, networks, and local services
- Deliver community education packages to support awareness and understanding of hospice services as well as sharing knowledge and skills to enable people to support one another.

Hospice Heads Up!

Debunking the myths of hospice care

We know that the idea of being cared for at a hospice and visiting a hospice can be daunting, and there are many misconceptions around hospices and the care they provide.

Our Hospice Heads Up sessions aim to open up the conversation and demystify hospice care.



If you would like our team to visit your organisation/ community groups/ work place/ church etc please contact Ange on angela.mason@stmaryshospice.org.uk

All Sessions are delivered free of charge.

For more information please contact us on 01229 444407 or email angela.mason@stmaryshospice.org.uk

RGN 517738

Love, Life & Death

with St Mary's Hospice

Forum Theatre (Barrow)
Thursday 9th May 1-3 pm

Free Entry- Booking Essential

Blue Skies

Performance by Pluto Productions.

A play written by Brian Daniels, Facing loss as a family. Explore the importance of hospice care and open dialogue through the eyes of a young man confronted with the prospect of losing his mum.

Followed by a Conversation Cafe facilitated by St Mary's Hospice Staff. Light refreshments available.

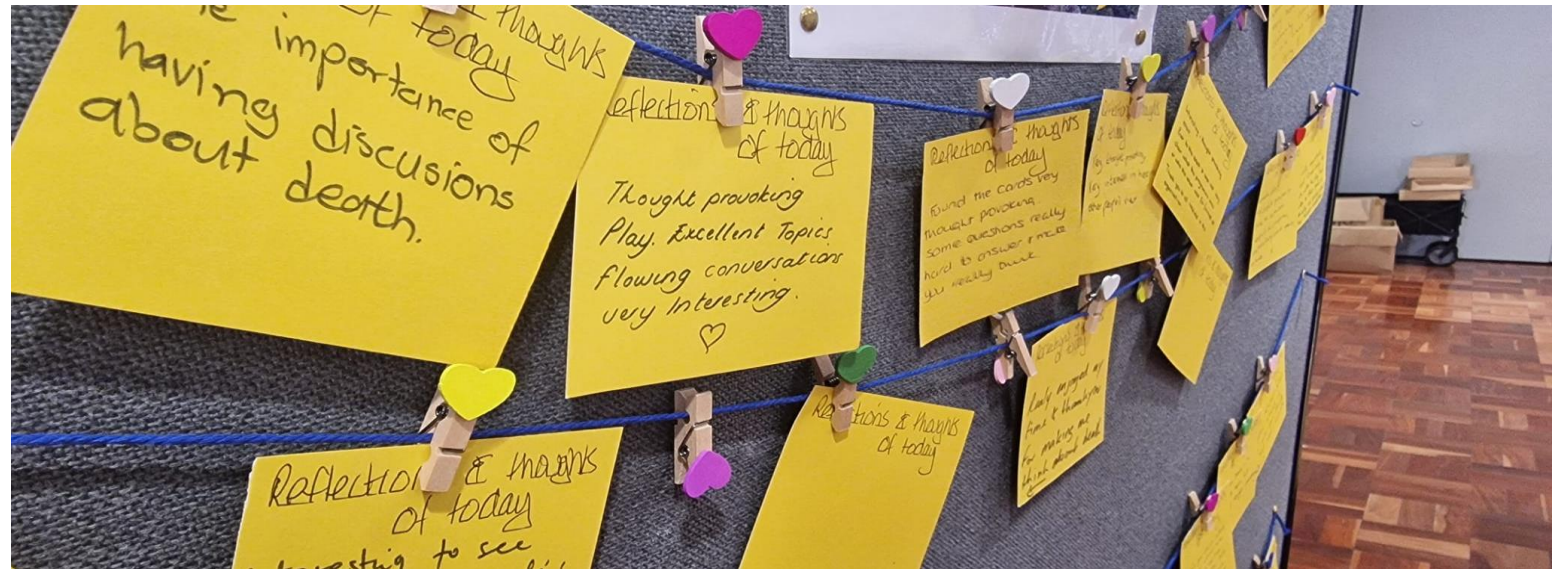
For tickets please visit
www.stmaryshospice.org.uk/event



For more information
please call us on 01229 444407

Registered Charity Number 517738







“Considering I didn’t feel I was creative I found the workshop Art a great way to express my thoughts and feelings on advanced care planning. I think this is a great way to provide people with the right and opportunity to have their wishes, voice and preferences know”

“Lovely session! Very informative. Definitely brought the Hospice to the forefront of my mind”

“Very informative, eye opening”

“I didn’t know about all the support for people living with Dementia”

“Its good to know that bereavement support is available to all members of the community”.





Carer Support Furness



Community Partners



ASYE Social Workers and OT's



Women's Community Matters

Dementia Service

- Dementia Cafe's now in place across Ulverston, Millom, Windermere and Barrow
- Monthly Woodland Wellness Group (Dignity in Dementia)
- Sporting Memories launching in Barrow (Supported by Active Cumbria)
- Power of Music Fund



Furness Dementia Partnership

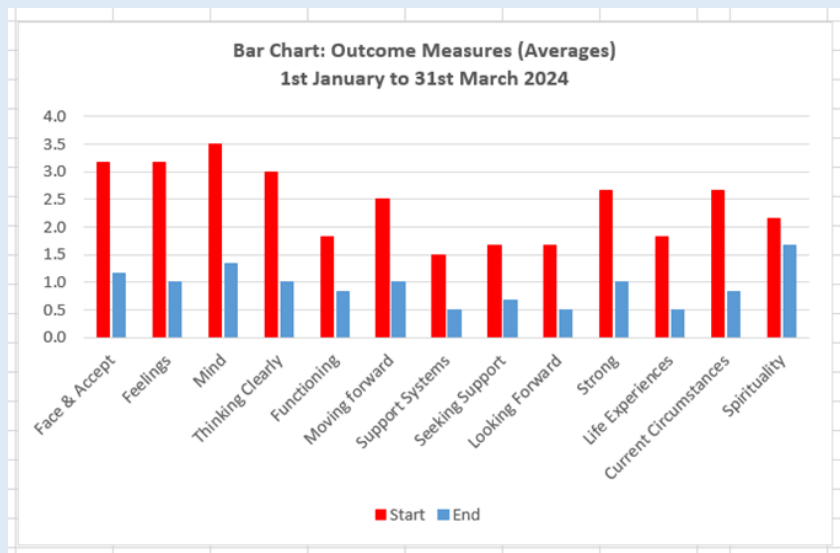


The key goals of the Admiral Nurse Service in the years 2024-2025 are as follows:

- **To facilitate training and education for St. Mary's hospice clinical team, and provide continual support and advice to the organisation.**
- **To provide information, sign posting and informal education to family carers, community groups and healthcare professionals.**
- **To manage a caseload of families who are affected by dementia and have complex biopsychosocial needs.**
- **To develop a 'Dementia Champions' group based at St Mary's Hospice to support changes, disseminate new developments in best practice, and to ensure high standards are maintained throughout clinical services.**
- **To provide support to staff and families who are caring for someone with dementia on the inpatient unit.**
- **To work closely with the Compassionate Community Team in signposting families between services.**
- **To supervise and manage dementia friendly day services which promote health and wellbeing, and reduce loneliness and social isolation.**
- **To create a dementia friendly environment across the hospice setting.**
- **To work closely with key stakeholders and create a Dementia Community within the St Mary's Hospice locality.**
- **To create a dementia steering group to provide a formal setting for stakeholders to meet and contribute to quality improvement and development of the service, and to maintain community engagement.**

Family Support and Bereavement Service

- Referrals continue to grow
- Compassionate Café's in place weekly across Ulverston and Barrow
- New Volunteers trained (February 2024)
- Reaching- 18-27 (5%), 28-37 (11%), 38-47 (11%), 48-57 (23%), 58-67 (24%), 68- 77 (12%) 78-87 (13%), 88- 97 (1
- Bereavement Network (Lets work together!)



Living Well Services

- Referrals continue to grow
- CT – Staff Wellbeing
- Groups Programs (FAB, Mindfulness, Grief Yoga, Chair Based Exercises, Walking Groups)
- Tai Chi coming soon!
- Art Bag Project (supported by Barrowfull)







Thank you so much for
listening!

Any Questions?

One last thing.....

**Come and join our wonderful
Community Choir! We meet every
Monday morning 10am at the
Community Hub!**

